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# Questions & Answers

1. How do I sign up for a park program?

You can register in person at the Edmonds Parks & Recreation office or you can use our [online catalog](http://www.edmonds.cengage.gov/). The [Fitness Programs](#_Fitness_Programs) section in this document has more information about current fitness classes.

2. What amenities do the parks provide?

All parks have water fountains, bike racks, plenty of open space, and at least one playground and shelter. See the [Parks Amenities](file:///C:\Users\neisa\Downloads\Support_WD365_2021_EOM7-1_Amenities.docx) document for a full list of park details.

3. Does the City of Edmonds have handicap accessible parks?

All of the parks have accessible areas, including wheelchair-transfer sites. Gidal Park, Southside Park, and Roby Memorial Park are completely accessible.

4. What are the park hours?

All outdoor areas are open from dawn until dusk. Recreational buildings are open from 7:30 am until 6 pm year round. You can request a special permit from Edmonds Parks & Recreation to extend the hours.

5. Can I have a special event such as a wedding at Lake Wheeler?

Yes. Every year, dozens of couples marry at Lake Wheeler, which is also available for other events. Apply for a permit and reservation at Edmonds Parks & Recreation (online or in person).

6. What are the department office hours?

The Edmonds Parks & Recreation is open Monday to Friday from 8:00 am to 4:30 pm, except for holidays.

# Fitness Programs

* Beginner Yoga: Tuesdays and Thursdays at 12:30 pm
* Dance Fitness: Tuesdays at 11:00 am.
* High-Intensity Interval Training: Mondays and Wednesdays at 5:30 pm
* Low-Impact Weight Training: Mondays and Wednesdays at 11:30 am
* Slow Flow Yoga: Tuesdays and Thursdays at 4:00 pm
* Stretch and Balance: Mondays and Fridays at 9:00 am

Edmonds Parks & Recreation • 500 W. Ozark Dr. • Edmonds, MO 63164

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